

# LET'S TAKE A CLOSER LOOK AT:

Years  
8 - 10

## Coaches



## Why Coaches?

Leadership skills, and the role this plays in self-esteem, conflict resolution and decision-making, is one of the most important skills that a young person can develop.

The Coaches stage on the Creating Chances Youth Development Pathway offers academically designed and researched programs that provide students with the opportunity to put their learnt skills and natural attributes into a practical application as they plan and deliver a coaching program to a younger group of children.

Through the experience of coaching younger children, Creating Chances participants have the opportunity to:

- develop leadership skills
- develop a sense of pride in themselves and their community
- develop their understanding of the positive impact they can make on others
- see themselves as a role model and mentor
- gain experience in giving and receiving feedback
- learn how to take responsibility for the safety of others

## Program options

**Pathway stage:** Coaches

**Outcome:** Creating leaders and community connections

**Suitable for:** Years 8, 9 and 10

**Targeting:** Targeted smaller groups

### Program options:

#### Coaches

A 2-stage program with 20 hours of experiential learning workshops and sport sessions for 15-20 students. Consists of coaching foundations (3 weeks) and a 7-week coaching program at a partner primary school. Participants develop skills in: **planning | teamwork | public speaking | leadership | conflict resolution | negotiation | receiving feedback**

## CONTACT US

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