

LET'S TAKE A CLOSER LOOK AT:

Years
5 - 6

Springboard

TRANSITION TO FURTHER
EDUCATION & EMPLOYMENT



Why Springboard?

Creating Chances research has uncovered the key issues being experienced by Stage 3 students and the behaviours attributed to these issues, including:

- Lack of resilience during non-supervised play
- Negative responses to both losing and winning
- Poor relationship building skills
- Use of aggression as the first response to negative outcomes
- Fear of losing identity and social networks
- Apprehension towards high school transition

The Springboard stage on the Creating Chances Youth Development Pathway offers academically designed and researched programs to equip students with the skills and strategies needed to prepare for, and overcome, the social and academic challenges they encounter as they move towards their transition from primary to high school.

Springboard offers tailored programs which are designed and proven to:

- Help students to develop their sense of self
- Teach students how to form and identify positive relationships
- Teach students how to deal with conflict and challenges in a constructive way
- Enhance both school and everyday experiences
- Lay the foundations for a confident transition to high school

Program options

Pathway stage: Springboard

Outcome: Creating resilient and positive learners

Suitable for: Years 5 and 6

Targeting: Whole year groups
Targeted smaller groups

Program options:

Springboard: Coping Mechanisms

12 hours of experiential learning workshops and sport sessions with content focused on:
building resilience | positive thinking | goal setting | time management | relaxation | problem solving | decision making

Springboard: Self-Awareness

12 hours of experiential learning workshops and sport sessions with content focused on:
Values | confidence building | discovering strengths | self-awareness

Springboard: Tailored options

Talk to our team for a tailored solution for the challenges facing the students in your school

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